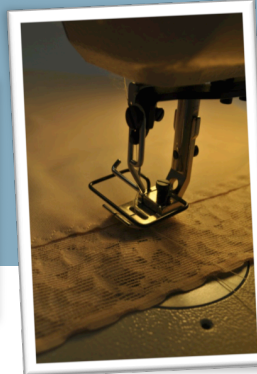


Nouvelle Compression Wear Guide

www.nouvelleinc.com



Frequent Questions

Cosmetic and reconstructive surgeries have positive, far-reaching effects when healing is initiated early, and one of the most important secrets to successful results is consistent use of quality compression and post-surgical garments. Below are common questions regarding use of compression garments following most aesthetic surgical sculpting procedures:

Q. What are compression garments?

A. Compression garments are specially-designed elastic apparel worn after surgical procedures and throughout recovery. They provide additional support by contouring to the body or body part. Plastic surgeons generally recommend use of compression garments following tummy tucks (abdominoplasty), liposuction, arm lifts (brachioplasty), face lifts (rhytidectomy), facial procedures, gastric bypass procedures, male mastopexy (gynecomastia treatment), breast augmentation, breast reduction, and many other types of surgical sculpture procedures. Dermatologists also may recommend compression wear for patients with lymphoma, burns, and varicose veins to help improve quality of life.



Nouvelle designs and handcrafts each compression garment from its state-of-the-art facility in Virginia Beach, Va.

Q. What are the benefits of compression garments?

A. Compression garments have several medical benefits such as reducing swelling from a surgical procedure and decreasing risk of a blood clot. By speeding up blood flow, compression garments assist in flushing harmful fluids out of the body during recovery. They also help control sudden uncomfortable movements (i.e. cough or sneeze), which is especially important during the immediate post-operative stage. Compression garments provide patient comfort and accelerate the healing process.

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Frequent Questions, continued...

Q. How can use of compression wear help my body heal faster following cosmetic surgery?

A. When applied correctly, compression wear can increase blood circulation around surgical areas to accelerate healing, diminish swelling, and flush out harmful fluids. In the event of sudden movements such as sneezing or coughing, the garments help protect and stabilize the surgical site, minimizing discomfort. The result is not only a shorter recovery time, but a cleaner surgical area with minimal scarring.

Q. How do I launder my garments?

A. Garments are machine washable on the gentle cycle, and may be placed in the dryer on low. To ensure your garment's integrity, do not use bleach or fabric softener.

Q. How should I protect the surgical site while my garments are in the wash?

A. A good rule of thumb is to purchase duplicates of your garments so you always have a backup. Consistent compression is the key to a positive surgical result, so you will want to ensure the site is always protected and secure.

Q. I have not had plastic surgery, but recently read that compression garments can help improve my appearance. Is this true?

A. A popular trend with compression garments is non-medical use by people for body shaping and slimming. Compression garments are effective tools for contouring the body without having plastic or cosmetic surgery. While compression garments are not an alternative to losing weight or improving health, they can have a slimming effect by subtly smoothing the appearance of the body beneath clothing. Often, people considering compression garments for non-surgical use have lost a great deal of weight, and may have excessive body tissue folds or conditions such as gynecomastia (male breast enlargement). Compression garments offer a safe, non-surgical alternative to stabilizing and compressing excess body tissue and skin folds.



Most garments are available in beige or black, and feature soft, lacy feminine touches.

Q. May I purchase Nouvelle compression wear at mall department stores or discount retailers?

A. No. Nouvelle manufactures highly-specialized, medical-grade compression wear not available through retail stores. Many merchandisers advertise and sell compression or sportswear, but a local department store or discount retailer is not going to be a reliable source for medical-grade garments. There are vast differences between retail garments and medical garments. For example, medical-grade garments offer significantly higher levels of compression than sportswear sold through retail stores. They're also built for durability, with additional fabric layers, panels, and a higher LYCRA®/Nylon or Powernet content. With compression ratings of three to four times that of sportswear, professionally-constructed medical garments do not break down or lose integrity after consistent everyday use.

Continued...

Frequent Questions, continued...

Q. What are the different types of compression garments?

A. When choosing a post-operative compression garment, it is important to that the garment is appropriate for your particular surgery, and that the size is correct. Choosing incorrect post surgical compression garments can do more harm than good. Always seek your surgeon's or patient recovery specialist's advice when making this decision.

Q. What is the fabric content of compression garments manufactured by Nouvelle?

A. Our garments have a 55% Lycra®/45% nylon content for a smooth, comfortable feeling next to healing skin. This fabric combination ensures garments never lose compression integrity with continual use and appropriate washing procedures.

About Nouvelle:

Nouvelle manufactures and distributes post-surgical compression wear, body shaping garments, and scar care products worldwide from its facility in Virginia Beach, Va. Its internationally-recognized products are available through approved distributors and online at www.nouvelleinc.com. For more information about purchasing or distributing the company's products, please contact Dawn Cover via email or telephone: dawn@nouvelleinc.com or 888-653-0113.



Healing Transformations

Visit Nouvelle's blog for helpful recovery tips at:
<http://nouvelleincorporated.wordpress.com/>

New Compression Sets

Each set combines the two most important garments you will need to ensure your surgical site is protected and secure for both healing stages.



Nouvelle designs have a reputation for beauty. The company uses only the finest fabric available, and hand-inspects each seam and stitch to ensure garments are soundly, solidly constructed.

Customer Testimonial

"I have had the pleasure of using Nouvelle's services and products for over a year now. I have had nothing but superb customer service and the variety of products has been beneficial to my patients. I also found myself as a patient and user of the products. Very comfortable, and helped make my recovery go much smoother and with minimal discomfort. I can say without a doubt that Nouvelle will stand behind their products, and you will experience nothing less than extraordinary customer service. You will have a wonderful experience working with them.

~Abdominoplasty Patient - Marietta, Georgia



New Mens Product

The men's abdominal supporter provides safe, comfortable support for hernias, groin pulls, and liposuction.



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